

FAMILY RESOURCES

*****Accepts Medicaid**

24 Hour Crisis Hotline: 1-800-339-5209

24 Hour Domestic Violence Hotline: 1-888-945-3970

24 Hour Text Line: text HOME to 988

Child Abuse Hotline: 1-800-342-3720

NAMI Teen & Young Adult Helplines:

Text “Friend” to 62640

Chat at nami.org/talktous

Call 1-800-950-6264

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation) (Special Education transition services for college and employment) **(716) 848-8001 or 1-888-652-7062** Buffalo District Office: 508 Main Street Buffalo, NY 14202, State Level Offices: 1-800-222-5627, www.acces.nysed.gov/vr Olean Representative Melissa Schwindler **(716) 848-8072**

ACCORD (Allegany County Community Opportunity & Rural Development) (housing, childcare, & other services in Allegany County) **(585) 268-7605** 84 Schuyler Street Belmont NY

Association for the Blind & Visually Impaired: Olean area is with Interfaith Caregivers 315 W. State Street Olean NY **(716) 372-6283** or www.interfaithcaregiversinc.org Main office is at 212 Laurens Street Olean (716) 372-6326.

*****Autism Spectrum Disorder Center** (Resources, support groups & workshops for families with Autism) **(716) 323-6560** 1001 Main Street Buffalo NY

Big Brother/Big Sister (Mentor programs for at risk Youth) **(716) 480-9614** 732 Front Street Olean (Main office is in Buffalo)

*****BestSelf Behavioral Health** (Mental health counseling ages 4 and up) **(716) 842-0440** 255 Delaware Avenue Buffalo NY 14201

B.O.C.E.S. (adult ed, vo-tech, trainings) **(716) 376-8300** 1825 Windfall Road Olean

Bonaresponds (community service group at SBU) <https://www.sbu.edu/life-at-sbu/students-giving-back>

Bright Alternatives: The Center for New Hope (parenting classes, peer counseling, free cribs, pregnancy tests, diapers), **(814) 368-3388** 641 S. Unios Street Olean NY brightalternatives.org

Break Free Foundation (assistance with recovery) **(570) 369-0325** breakfreefoundation.org

*****Buffalo Neuropsychology** (neuropsych diagnosis and treatment planning) **(716) 690-2560**
DeGraff Memorial Hospital 445 Tremont Street Suite 331, North Tonawanda NY 14120
Dr. Santa Maria & Dr. Englert

Canticle Farm Market (fresh produce market) **(716) 373-0200** 3809 Old State Road Allegany,
New York 14760 (Market every Tuesday 1-6 PM), also at the Olean Farmers Market at Lincoln
Park Saturdays from 8 AM- 1 PM May through September.

*****CASA Trinity** (Addictions) **(716) 373-5202** (also provides prevention programs and
screenings) 201 S. Union Street Olean

*****Catholic Charities** (Counseling & other services) **(716) 372-0101** 2626 West State Street
Olean

CCAP (Child Care Assistance Program) ocfs.ny.gov/programs/childcare/ccap/help.php

(or call Catt. County Child Care Unit/Daycare Unit below)

CCA (Cattaraugus Community Action, Connecting Communities in Action) (many
programs with energy & housing, transitions, Victim Services, Resilient & Healthy families)
(716) 945-1041 25 Jefferson Street Salamanca

Cattaraugus County Child Care Unit/Day Care Unit (Daycare assistance) **(716) 373-8070**
1 Leo Moss Drive Olean

Cattaraugus County Child Protection Services (concerns for children with abuse or neglect)
(716) 373-8070 1 Leo Moss Drive Olean

*****Cattaraugus County Community Services** (Crisis Counseling, Mental Health Counseling,
& Day Programs) Olean **(716) 373-8040**, Salamanca (716) 945-5211, Machias (716) 353-8241
(Day Program Services (716) 373-8080 1 Leo Moss Drive Olean

***** Cattaraugus County Community Services Medication Clinic:** (medication management)
(716) 701-3379 1 Leo Moss Drive Olean

*****Cattaraugus County Community Services Foundations for Change** (Counseling services
for adults & transitioning teens) **(716) 373-8080** 203 Laurens Street Olean

Cattaraugus County Health Department (variety of health related services) **(716) 373-8050**

Cattaraugus County One Stop Career Center (Labor Dept & resources, assessments &
workshops, High School Equivalency classes) **(716) 375-2890** 175 N. Union Street Olean

Cattaraugus County Public Defenders Office (legal) **(716) 373-0004** 175 N. Union Street
Olean

Cattaraugus County Probation Department (PINS, JD, FOCUS) **(716) 373-8047** 1 Leo Moss
Drive Olean Intake Coordinator: Gerald Embs **Olean School Contact: Kelly Jordan**

(716) 375-8038

Cattaraugus County Social Services (Variety of services) **(716) 373-8070**, for emergency shelter needs: **(716) 373-8065** 1 Leo Moss Drive Olean

Cattaraugus County Youth Bureau (Director, Cathy Mackay) **(716) 938-2601**

Cattaraugus County Youth Court (Coordinator, Christina O'Brien, referral only) **(716) 701-3360**

Chataugua County Safe House (shelter for runaway children or homeless children up to age 17) 16 East 6th Street Jamestown **1-866-877-9647**

Child Advocacy Center (CAC) (Physical or sexual abuse under 18. Referral must come from Police or CPS) **716-372-8532** 772 Main Street Olean

Christian Intervention Program (A Christian alternative for addictions for teens and/or adults) **(716) 307-2520** United Pentecostal Church 1100 Homer Street Olean

*****CHUNNY (Children's Health Home of Upstate New York)** (Home Health Care Management Program, eligibility requirement) **(855) 209-1142** 1099 Jay St. Building J 3rd floor Rochester

*****Clarity Wellness Community Counseling Center** (Counseling services age 5 and up) **(585) 593-6300** 4220 State Rte 417W Wellsville, NY 14895

Cornell Cooperative Extension (nutrition education programs) **(716) 699-2377** 28 Parkside Drive Ellicottville

CPH Mental Health Services (Center for Psychosexual Health) (Counseling for gender related issues, trauma and general counseling, for adolescents and adults, self pay only) **(716) 322-6394** 737 Delaware Ave., Suite 216 Buffalo, NY

CSPOA (Children's Single Point of Access) (referral system for children with an emotional disability) **(716) 373-0980 ext 5401** applications are faxed to (716)372-2965 212 Laurens Street Olean

*****Dent Neurological Institute** (Neurological services) **(716) 250-2000** 3980 Sheridan Drive Amherst NY or 200 Sterling Drive Orchard Park

Directions for Independent Living (multiple services for children, adolescents & adults with disabilities) **(716) 373-4602** 515 West State Street Olean

EFNEP (Expanded Food & Nutrition Education Program) (Family nutrition Assistance) **(716) 699-2377** Cornell Cooperative Extension 28 Parkside Drive Ellicottville

EPIC (Every Person Influences Children) (A place for all families to learn, play & grow together) **(716) 332-4190** 79 River Street Salamanca, NY 14770

Farm Net: NYFarmnet.org (free & confidential services for framers)

1-800-547-3267

Family Voice Advocacy Group (community group working on barriers to services, eliminating the “us vs. them”) For more information or to join email maball@cattco.org

Front Door (assistance for OPWDD paperwork/process) **1-800-487-6310**

Genesis House (emergency homeless shelters in Olean) **(716) 373-3354** (single housing 107 S. Barry Street and family dwelling on S 2nd Street)

*****Golisano Childrens Hospital** (diagnosis of children for developmental disorders, mental health disorders/conditions) **(585) 275-2986** 601 Elmwood Avenue Rochester NY 14642

*****Gundlah Dental Clinic** (Children and adult dental services) **(716) 373-2600** Olean General Hospital 515 Main Street Olean

Harvest Field Ministries (food pantry & more) 406 West State Street Olean **(716) 372-3711**
Pastor Doug Travis

Healing Minds (Counseling services, self pay only) **(716) 383-3675** 323 N. Main Street Holland

Healthy Community Alliance (insurance help, caregiver tech assistance & cribs for kids) **(716) 532-1010** 1 School Street Gowanda NY 14070 **Olean contact: Lynda Chudy (716) 220-1554**

Help Me Grow (Early Childhood Programs age 0-5) **(716) 760-4769** 1021 Broad Street Buffalo

*****HHUNY (Health Home of Upstate New York)** (Care management services to adults with chronic conditions) **1-855-613-7659** 1099 Jay St. Bldg. J, 3rd floor, Rochester, NY 14611

Interfaith CareGivers: (assistance with vision, medical equipment loans, Gift tree program) 315 W. State Street Olean **(716) 372-6283** Main office is located at 212 Laurens St. Olean (716) 372-6326.

IntTandem (provides a variety of services for identified people) **(716) 375-4730**
www.intandem.org 1439 Buffalo Rd. Olean

*****Jacobs Neurological Institute** (diagnosis and ongoing treatment of neurological disorders) **(716) 859-5600** Buffalo General Hospital 100 High Street Building E, Second Floor, Buffalo NY

Kinship Caregiver Programs (provides support to relative caregivers) **(716) 372-0101** (through Catholic Charities) 2636 West State Street, Suite 301 Olean, New York 14760

Legal Assistance of Western NY (LAWYNY) (Free legal aid for civil matters, brief & advice) **1-888-767-1959.** Olean office: Southern Tier Legal Services **(716) 373-4701** 103 S. Barry Street Olean

*****Miriam Center for Hope & Healing** (multiple counselors, variety of insurances) **(716) 373-6735** 112 S. Clinton St Olean

MW Mental Health Counseling (Counseling, private pay or BC/BS) **(716) 202-0209** 5659 West Shore Rd. Cuba NY 14727

NAMI (National Alliance on Mental Illness) (Advocacy, education & support for mental illness including on line) **(716) 226-6264** 737 Delaware Ave Suite 217 Buffalo NY 14209

National Center for Missing & Exploited Children (provides lots of trainings and other services) **1-800-THE-LOST (1-800-843-5678)** Local Office: 610 Main Street Buffalo 14202 **(716) 842-6333 or 1-877-446-2632**

NYSOCFS (New York State Office of Children & Family Services) (many services surrounding children, & domestic violence prevention & victims support) **(518) 402-0632 or <https://ocfs.ny.gov>**

Olean Department of Labor (One Stop) (unemployment, employment, multiple trainings/classes) **(716) 373-1880** 175 N. Union Street Olean

Olean City Court (legal) **(716) 376-5621/5623** 101 East State Street Olean

Olean Family Court (legal) **(716) 379-6616** 1 Leo Moss Drive Olean

Olean Food Pantry (free food) **(716) 372-4989** 1 Leo Moss Drive Olean (Many other food pantries in the area)

Olean General Hospital (medical) **(716) 373-2600** 515 Main Street Olean

Olean Motor Vehicle Department (driver services) **(716) 701-3343** 1 Leo Moss Drive Olean

Olean Public Library (many free programs for the entire community) **(716) 372-0200** 134 N. 2nd Street Olean

Olean Warming House (free warm meals) **(716) 372-2805** 164 North Union Street Olean

On Track New York (mental health treatment program ages 16-30 through BestSelf Behavioral Health) **(716) 566-6188** 430 Niagara Street Buffalo NY 14201

Operation Warm Hearts (New clothing & other health related services, by appointment or during community events) **(716) 560-8811** 920 N. 4th Street Olean

OPWDD (Office of People with Developmental Disabilities) (multiple services available) **1-866-946-9733 or info@opwdd.ny.gov** 44 Holland Avenue Albany, NY 12229.

Olean area contact: 1-800-487-6310

Paragon Behavioral Health Services (Counseling services-ages 12 and up, Self pay or BC/BS or Optum only) **(716) 790-8202** 2626 West State St., Suite 309 Olean

Parent Network (Education & resources for families of individuals with special needs) **(716) 332-4170** 1000 Main Street Buffalo

People Inc. (Community Based Support Service for people with a developmental disability & their families). (833) 404-0032 or admissions@people-inc.org

PEP/Families First 234 N. Union Street Olean (716) 560-6029

Person Centered Services (Medicaid Services Coordinator/Case Manager) 1-888-977-7030
intake department: 1090A Union Road, Suite 260, West Seneca, NY 14224

Pheonix Rising (counseling, some insurances) (585) 728-1592 2656 West State Street,
Suite 517 Olean, NY 14760

Prime Care Coordination (Medicaid Services Coordinator/Case Manager) (716) 307-8019 237
Delaware Ave., Suite 10 Olean

Recovery Options Made Easy (ROME) (Peer run advocacy, support, housing & respite for those recovering from any mental illness/addiction) (716) 532-5508 2626 West State Street
Olean

*****The Resource Center** (mental health counseling age 4 up) (716) 661-1447 186 East 2nd
Street Jamestown

The ROC (Rural Outreach Center) Care Coordination, Counseling, Community Programs & Support (716) 240-2220 ext. 101 730 Olean Road East Aurora, NY 14052 www.theroc.com

Rural Minds: (National organization for mental health information and services specific to rural communities) **Jeffrey Winton** www.ruralminds.org

Safe Harbors (sex trafficking) (716) 372-8532 **Melissa Tice** c/o CAC 772 Main Street Olean, NY OR (716) 969-5119 **Al** c/o CCA 25 Jefferson Street Salamanca, New York 14779

Salvation Army (assistance with food, clothing, gas cards & eviction/shut off notices) (716) 372-6740 328 West Delaware Ave Olean

SANYS (Self-Advocacy Association of New York State) (self-advocacy activities & trainings) (716) 463-5035 or (716) 560-9307 Buffalo Office: 1021 Broadway Street, 4th floor, Buffalo NY

*****Seneca Nations Behavioral Health** (health services for Native Americans) (716) 532-5583, (716) 532-5582, (716) 532-8223 987 R C Hoag Drive Salamanca

Social Security (benefits) 1-800-772-1213 or 1-800-325-0778 www.socialsecurity.gov

Southern Tier Health Care Systems (STHCS) (provides assistance navigating the insurance systems) (716) 372-0614 150 N. Union Street Olean

Starbridge (Services for Children or Adults with a developmental disability) (585) 259-4576 www.starbridgeinc.org

*****Stephens, Tom** (Counseling families, couples & individuals ages 3 & up) (716) 378-7210 114 S. 10th Street Olean

*****Stewart, Mary Lou (LCSW-R)** (virtual counseling for ages 18 and up only) (716) 244-2548

Total Senior Care (all inclusive care for those 55 and older) **(716) 379-8474 or 1-888-939-8613**
519 N. Union Street Olean

*****ToyTown Pediatric Dentistry** (pediatric, family & special needs dentistry & orthodontics)
(716) 665-8880 100 Riley Street East Aurora NY 14052

United Way of Cattaraugus & Allegany Counties PO Box 533 Olean or 212 Laurens Street
Olean **(716) 372-3620** or www.uwcac.org

*****Universal Primary Care Outpatient Mental Health Services** (counseling only for patients
who have a primary care physician with UPC) **(716) 375-7500** 135 N. Union Street Olean

VA Outpatient Clinic (physical/mental health needs for veterans) **(716) 373-7709 (Option #7
for suicidal thoughts)** 455 North Union Street Olean

Veterans Service Agency (helps connects veterans to services they need, including eligibility)
(716) 701-3298 1 Leo Moss Drive Olean

VSP (Vision Insurance help) vsp.com/about-vsp

Warming House (free hot meals during dinner hours) 164 N. Union Street Olean **(716) 375-
7813**

WCA (Hospital/Psychiatric Center) **(716) 487-0141** 207 Foote Avenue Jamestown NY 14701

*****Western New York Children's Psychiatric Center** (Inpatient children's psychiatric
services, some outpatient services & day treatment program) **(716) 832-0720, (716) 532-2231**
(716) 677-7000 1010 East & West Road West Seneca, NY 14224

Western New York Dermatology (medical) 297 & 295 Spindrift Drive Williamsville NY 14221
(716) 831-2600

WIC (Women, Infants & Children) (medical and nutritional assistance for pregnant/nursing
mothers and children under 5, through the Health Dept) **(716) 373-8050** 1 Leo Moss Drive
Olean

Y-Care after school programming for students at Washington West, East View & Olean
Intermediate Middle School, at school) **(716) 373-2400 (Heather Crowner for WW & EV &
Devin Kinney for OIMS)** Register children through their school, at the YMCA or on the
website: twintiersymca.org

YMCA (various programs/activities for individuals and families, some free, some with fees)
(716) 373-2400 1101 Wayne Street Olean